



Home Care Instructions: Hot Spot

Dr. Kemp
Dr. Johnson
Dr. Vander Hart

 Patient: _____

 Doctor/Tech: _____



General Information

- The hot spot area was clipped and cleaned today with chlorhexidine wipes
 - This will help the area dry out and not spread to other areas of the body
 - If you were sent home with a cone, please keep it on for 10-14 days or as directed by the vet
 - Preventing licking and scratching of the area is crucial in the healing process
- Do not apply any topical ointment or spray to the area unless directed by the vet
- If medication is dispensed today, please follow the instructions and finish the medication(s) as prescribed



Prevention

- Good Flea/Tick Management
- Check any area you notice your dog rubbing, licking, or chewing
- Dogs with a long or double coat should be brushed or groomed regularly
 - Helps prevent matts
- If your dog has allergy issues
 - Try to catch the issue early - especially if it's a seasonal allergy
 - Proper management of medications or a monthly/seasonal allergy shot



What It Is and What Causes Hot Spots

- Hot spots are also called moist dermatitis
 - Skin becomes infected and/or moist, usually causing the dog to itch, lick, and chew, which causes inflammation
 - The inflamed area is a prime site for secondary bacterial infections, causing the hot spot to spread if not treated promptly
- Can occur anywhere on the body, range in size, but are usually red, inflamed, raw, and may bleed
- Causes
 - Allergies, ear infections, excessive moisture from swimming, excessive licking, and poor grooming

When Should You Call Your Vet?

- Your pet has become really lethargic, has any loss of appetite, or excessive swelling
- If the hot spot starts to spread or your pet seems to be in severe pain or discomfort
- If your pet has a bad reaction to the medication

Prescribed Medication: